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Diploma in Pharmacy 1st Year

Human Anatomy & Physiology

Experiment

To record of respiratory rate.

Aim:

To record of respiratory rate.

Reference :

Dr. Gupta G.D , Dr. Sharma Shailesh , Dr. Sharma Rahul Kumar ,
“Practical Manual of Human Anatomy and Physiology” Published by Nirali
Prakashan , Pg.No 101 - 105

Theory :

- Breathing rate is another name for respiratory rate. This is the number of breaths taken per minute. Counting the number of breaths taken in one minute when at rest is a good way to estimate the breathing rate.

Procedure

- 1) Sitting position should be taken to relax.
- 2) Respiratory rate should be taken while sitting up in a chair or in bed as it is the best way.
- 3) Breathing rate should be measured by counting the number of times the chest or abdomen rises over the course of one minute.
- 4) The number should be recorded.

Observation

The normal respiratory rate for an adult person at rest is from 12 to 20 breaths per minute.

Result: The respiratory rate was recorded.