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Diploma in Pharmacy 2 <sup>nd</sup> Year	
Pharmacology	
Chapter 6 : Drugs Acting on Blood and Blood Forming Organs	
Topics	Page No
Drugs Acting on Blood and Blood Forming	3
Organs	
Definition, classification, pharmacological	3
actions, dose, indications, and contraindications	
of	
<ul> <li>Hematinic agents</li> </ul>	3
<ul> <li>Anti-coagulants</li> </ul>	4
<ul> <li>Anti-platelet agents</li> </ul>	6
Thrombolytic drugs	7





#### PHARMACOLOGY Chapter 6

# **Drugs Acting on blood and Blood forming Organs**

- → Blood is a fluid connective tissue that transports oxygen, nutrients and growth factors to individual cells of the body.
- → The main components of blood are cell (like RBCs, WBCs, platelets), proteins (like coagulation factors, amino acids, growth factors, factors of the complement system), monosaccharide (ribose, glucose), minerals (Na+, K+, Cl-, HCO<sub>3</sub>-), and water.
- → Haematologic System : The system responsible for formation of blood is called Haematlogic System.
- → Haematopoiesis : The process of blood forming is called Haematopoiesis .

## **Blood Forming Organs**

- **Bone Marrow :** Bone marrow contains cells that produce blood cells and platelets and it is responsible for making billions of new blood cells each day.
- Spleen : The spleen stores and filters blood and makes white blood cells that protect you from infection.
- Liver : The liver produces proteins that are important in blood clotting. It is also one of the organs that break down old or damaged blood cells.

# Hematinic agents

 $\rightarrow$  The drugs are used to treat Anaemia are called Haematinics.

Or

 $\rightarrow$  The substances are used to treat deficiency of Iron are called haematinics.

#### Anaemia

- Anaemia is the decrease in number of red blood cells or hemoglobin content caused by blood loss, deficient erythropoiesis, excessive hemolysis, or combination of these changes.
- > Iron deficiency anaemia is probably the most common nutritional deficiency in the world

# Types of Drugs are used as Haematinics :

- Iron : Ferrous Sulfate, Ferrous Fumarate, Ferrous Ammonium Citrate,
- Folic acid : leucovorin, Citrovorum
- Others : Pyridoxine, Riboflavin.



#### **Pharmacological Action**

- It play an important role in formation of haemoglobin .
- It involves in formation of some Hormone like Thyroid Hormone .
- Iron is necessary for the production of hemoglobin.
- Iron-deficiency can lead to decreased production of hemoglobin and a microcytic, hypochromic anemia.

## Indication

- It is used to treat anaemia.
- It is used to treat iron deficiency.

#### **Contraindications:**

- ▲ Stomach upset
- ▲ Nausea
- ▲ Vomiting

#### Dose

- ✓ Ferrous Sulphate 0.3g Tds
- ✓ Ferrous Fumarate 0.2g Tds
- ✓ Ferrous Gluconate o.6g tds .
- ✓ Ferric Ammonium Citrate 1.0 g tds .
- ✓ Folic Acid : 0.1 -.08 mcg or 1 mg daily

# Anti-Coagulants

- → Agents decreasing the coagulation ability of blood are known as anticoagulants. They do not dissolve clot that have already formed but are used to inhibit the formation of new clots.
- → Examples of these agents are heparin and warfarin. Heparin is given intravenously to patients at risk of formation of thrombus and warfarin is administered orally.
- $\rightarrow$  The drugs prevent coagulation of blood are called anticoagulants .
- → **Coagulation** (or clotting) is the process through which blood changes from a liquid and becomes thicker, like a gel.

## Classification

- 1. Injectable Anticaogulants : Heparin , Ancrod , Lepirudin.
- 2. Oral Anticaogulants :
  - Coumarin : Bishydroxy Coumarin ., Warfarin Sodium , Acenocoumarin.
  - Indandione Derivatives : Phenindion.



### **Pharmacological Action**

- 1) Heparin :
  - It prevent blood clotting in vivo ( inside the body ) as well as in Vitro.
  - It Activates antithrombin III, which inactivates factors IX, and X. in this way coagulation is prevented.
- 2) Coumarin :
  - Coagulation factors II, VII, IX and X are present in inactive form, until they are carboxylated.
  - These drugs act on Vitamin K and prevent the synthesis of chemical that carboxylate these factors.

## Indications

- Low blood platelets.
- Bleeding
- In unstable angina.
- To prevent coagulation in Heart failure.
- To prevent clotting during open heart surgery.

#### Contraindications

- ▲ Recent trauma ,
- ▲ Recent surgery ,
- ▲ Recent abortion ,
- ▲ Recent stroke ,
- ▲ Severe Hypertension ,
- ▲ Severe Diabetes ,
- ★ Severe liver damage ,
- ▲ Peptic ulcer ,
- ▲ Bleeding disorder .

#### Doses

- ✓ Heparin 5000-10000 unit /ml i.v
- ✓ Warfarin 5-10 mg /d



# **Anti-Platelet Agents**

- $\rightarrow$  The drugs prevent platelet aggregation are called Anti- Platelet drugs .
- → Also Known as Anti Thrombotic Drugs
- → Platelet aggregation, the process by which platelets adhere to each other at sites of vascular injury, has long been recognized as critical for hemostatic plug formation and thrombosis.

## Classification

- > Thromboxan (TxA2) synthesis Inhibitors : Low dose of Aspirin , Dazoxiben.
- > **Phosphodiesterase Inhibitors :** Dipyridamol.
- > ADP Induced Platelet Aggregation Inhibitors : Ticlopidine , Clopidogrel.
- > Glycoprotein IIb / IIIa receptor Blockers : Tirofiban , Eptifibatide.

## **Pharmacological Action**

- Thromboxan (TxA2) synthesis Inhibitors : Low dose of Aspirin . acts on Cox 1 and reduces the production of TXA2. (this TxA2 causes platelet aggregation)
- Phosphodiesterase Inhibitors : Dipyridamol . It increases the concentration of cyclic adenosine monophosphate ( cAMP) levels and it prevents platelet aggregation.
- ADP Induced Platelet Aggregation Inhibitors : Ticlopidine , Clopidogrel . It blocks the P2 Y12 receptor of platelet , which activates the platelets and cause aggregation.
- Glycoprotein IIb / IIIa receptor Blockers : Tirofiban , Eptifibatide . They block Glycoprotein IIb / IIIa receptor of platelet which activates platelet aggregation.

## Indications

- As a Anti-Platelet
- Unstable angina
- Acute MI
- In Post MI Patients
- Cerebrovascular Diseases
- Prosthetic heart valves ( artificial valve )

## Contraindications

- ▲ Severe diabetes
- ▲ Liver damage
- ▲ Peptic ulcer

#### Dose

- ✓ Aspirin 75-150mg /d oral
- ✓ Dipyridamol 150-300 mg /d
- ✓ Ticlopidine 250- 500 mg /d
- ✓ Tirofiban o.4mcg/kg/min i.v.



# **Thrombolytic Drugs ( Fibrinolytics)**

- $\rightarrow$  Also Known as Fibrinolytics.
- → These are those drugs which are used to breaks the clot/thrombus, inside the blood vessels ( mainly in coronary artery )
- $\rightarrow$  The give their action by activating fibinolytic system.

## Classification

- 1. Non-fibrin specific
  - Streptokinase
  - Anistreplase
  - Urokinase
- 2. Fibrin specific
  - Tissue plasminogen Activators (t-PA)
  - Alteplase
  - Reteplase
  - Tenecteplase

#### **Pharmacological Actions**

- Thrombolytic work by dissolving a major clot quickly.
- This helps restart blood flow to the heart and helps prevent damage to the heart muscle.
- Thrombolytic can stop a heart attack that would otherwise be larger or potentially deadly.

## Indication:

• Stroke

# Learn and Educate

- Myocardial Infarction
- Used for dissolving the clotting

### **Contraindications:**

- ▲ Pregnancy
- ▲ Bleeding disorder
- ▲ Diabetics
- ▲ Cardiovascular disorder

#### Doses

- ✓ Urokinase 4400 IU/kg
- ✓ Alteplase For MI 15 mg i.v. For pulmonary embolism 100mg i.v
- ✓ Streptokinase 250,000 IU /2ml



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