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**Diploma in Pharmacy 2nd Year
Community Pharmacy & Management
Important Questions
Chapter 6 : Medication Adherence**

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Chapter 6

Medication Adherence

IMPORTANT Questions

Q1. Write the factors Influencing Non-Adherence.

Ans. Factors influencing Non Adherence

- **Health care system related factors** : According to Makaryus et . al . the patient are discharged from hospital and not educated properly and Non adherence occurs .
- **Patient related factors** :
 - Younger age ,
 - Patient is not taking the disease seriously,
 - Lack of symptoms,
 - Misunderstanding regarding medication,
 - Patient forgets to take medicines,
 - He has Mental problems.
- **Drug related factors** :
 - Too much adverse effects (patient fear to take medicines),
 - Cost of drugs many poor patients do not afford the drugs,
 - Too much medication,
 - Root of administration
- **Therapy related factors** : Exact medications are not administered or prescribed
- **Education related factors** : Factors of medication non adherence includes lower education level and low health education level.

Q2. What are the strategies to overcome Non-Adherence.

Ans. Many of studies explain that most of factors of Non Adherence are patient oriented (related) although we consider following strategies to overcome the Non Adherence :

- ✚ It includes educating healthcare workers(pharmacist nurses) they should be taught communication skill and counselling points properly.
- ✚ If staffs are not sufficient they should be increased according to the needs.
- ✚ Cheap and best medicine should be prescribed.
- ✚ Patients should be counselled properly.
- ✚ Counselling should be orally and in written form also.
- ✚ Pictograms should be used.
- ✚ feedback questions should be asked.
- ✚ clearing patient 's doubt .
- ✚ listening the patient with patience.
- ✚ Simple and easy language should be used.
- ✚ Counsellor should avoid anger

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Amir Khan

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